



Antimicrobial Stewardship: A How-To Guide for MTFs

COL BRIAN K. WHITE, DO

INFECTION CONTROL CHAIR

ANTIMICROBIAL STEWARDSHIP CHAIR

WILFORD HALL AMBULATORY SURGICAL CENTER

LACKLAND AFB, TX

BRIAN.K.WHITE100.MIL@MAIL.MIL





Attendance Code

To obtain CPE credit for this activity, you are required to actively participate in this session. You will need this attendance code in order to access the evaluation and CPE form for this activity. Your CPE must be filed by **18 November 2020** in order to receive credit.





CPE Information and Disclosures

I, Brian White, "declare no conflicts of interest, real or apparent, and no financial interests in any company, product, or service mentioned in this program, including grants, employment, gifts, stock holdings, and honoraria."



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CPE Information

Target Audience: Pharmacists and Pharmacy Technicians

ACPE#:

0575-0000-20-100-L01-P

0575-0000-20-100-L01-T

Activity Type: Knowledge



Woman dies of superbug no antibiotic could treat

Rob Quinn, Newser staff, WHAS

5:53 PM. EST January 15, 2017





(NEWSER) - This is the kind of case researchers warned about for years: A Nevada woman in her 70s died months ago from an infection that no antibiotic in America could have defeated, according to a Centers for Disease Control and Prevention report released Thursday.

The woman was hospitalized in August last year after she returned from an extended trip to India. Doctors discovered that she was suffering from a carbapenem-resistant Enterobacteriaceae (CRE) infection, which she had apparently contracted after being treated for a broken right hip in India, the Las Vegas Review-Journal reports.





Learning Objectives

Describe the concerns of rising rates of antimicrobial resistance

Discuss methods to prevent the development and spread of antimicrobial resistance

Understand the process and key components for initiating and implementing a multidisciplinary, effective antimicrobial stewardship program that fulfills the core elements of antimicrobial stewardship as defined by the Centers for Disease Control and Prevention (CDC) and the relevant medication management standards as defined by the Joint Commission (TJC)





Antimicrobial Stewardship

Definitions

• Why stewardship? What is stewardship? Who is involved? How do we do it?

Data

• What data do we need? How do we get it? What do we do with it?

Decisions

• How do we get the right diagnosis, drug selection, dose, and duration?





Why have an ASP?

Regulations—executive order, DoD-I, DHA-PI, TJC

Safety/quality

Trusted care = HRO









Goals:

- 1. Slow the emergence of resistant bacteria and prevent spread
- 2. strengthen one-Health surveillance
- 3. Advance rapid diagnostics
- 4. Accelerate dev't new antibiotics
- 5. Improve international collaboration

NATIONAL ACTION
PLAN FOR COMBATING
ANTIBIOTIC-RESISTANT
BACTERIA

MARCH 2015



NATIONAL ACTION PLAN FOR COMBATING ANTIBIOTIC-RESISTANT BACTERIA

Progress Report: Year 4

September 2019

DHA-PI 6025.09 and DoD-I 6025.26 meet requirements in Goal 1

ARMoR: MRSN, WRAIR, EDC, PVC→ASPWG
-progress on Goals 2, 3, 4

Prepared by the United States Taskforce for Combating Antibiotic Resistant Bacteria





Topics v Programs v Research v Data v Tools v Funding & Grants v News v About v

Home > Funding & Grants > Post-Award Grant Management > AHRQ Grantee Profiles > Decreasing Inappropriate Antibiotic Prescribing to Improve Patient Safety and Care

Funding & Grants

Funding Opportunity Announcements

Research Policies

Funding Priorities

Training & Education Funding

Grant Application, Review & Award Process

Post-Award Grant Management

AHRQ Grantee Profiles

0--4---4

Getting Recognition for Your AHRQ-Funded Study

Decreasing Inappropriate Antibiotic Prescribing to Improve Patient Safety and Care

"Inappropriate antibiotic prescribing exposes patients unnecessarily to the adverse effects of these medications and contributes to the creation of drug-resistant bacteria. Thanks to funding from AHRQ, we're able to better understand clinician prescribing and develop interventions that improve antibiotic use."







Consequences of Antimicrobial Use

C. difficile infections—more than 500,000 patients and 15,000 deaths per year in US

More than 2 million patients are infected with organisms that cannot be treated by the recommended antibiotic, more than 20,000 die each year in the US

Loss of effective antibiotics also impairs our ability to deliver life saving medical care like surgery and cancer chemotherapy





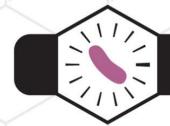


Antimicrobial Utilization

Antimicrobial Resistance







How Antibiotic Resistance Happens

Lots of germs.
A few are drug resistant.

Antibiotics kill bacteria causing the illness, as well as good bacteria protecting the body from infection.



The drug-resistant bacteria are now allowed to grow and take over.



Some bacteria give their drug-resistance to other bacteria, causing more problems.

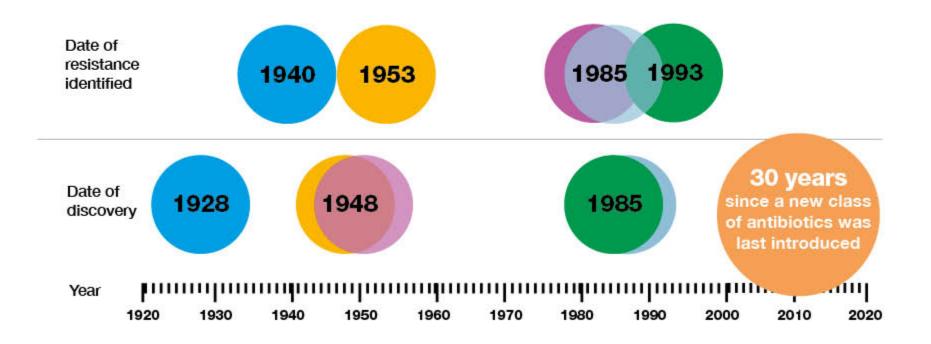






Antibiotic discovery and resistance timeline







The time may come when penicillin can be bought by anyone in the shops. Then there is the danger that the ignorant man may easily underdose himself and by exposing his microbes to non-lethal quantities of the drug make them resistant. Here is a hypothetical illustration. Mr X has a sore throat. He buys some penicillin and gives himself, not enough to kill the streptococci but enough to educate them to resist penicillin. He then infects his wife. Mrs X gets pneumonia and is treated with penicillin. As the streptococci are now resistant to penicillin the treatment fails. Mrs X dies. Who is primarily responsible for Mrs X's death?'

Sir Alexander Fleming, Nobel Lecture, 1945







What is an ASP?

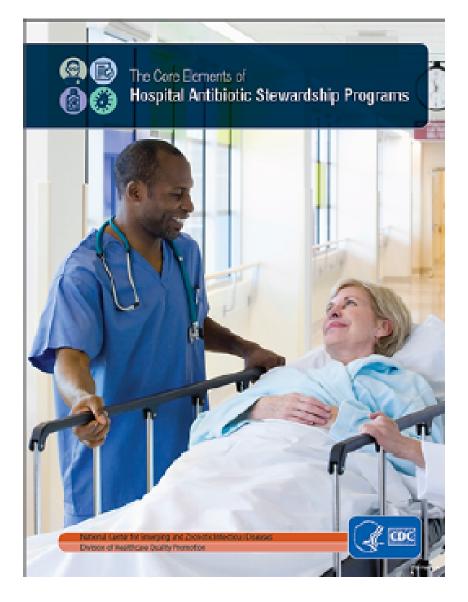
"Antimicrobial stewardship is coordinated interventions designed to improve and measure the appropriate use of antibiotic agents by promoting the selection of the optimal antibiotic drug regimen including dosing, duration of therapy and route of administration."

-consensus statement from IDSA, SHEA, PIDS

-Infect Control Hosp Epidemiol 2012; 33:322-7

CDC Antibiotic Stewardship Core Elements

- Leadership support
- Accountability
- Drug expertise
- Actions to support optimal antibiotic use
- Tracking: monitoring antibiotic prescribing, use, and resistance
- Reporting information to staff on improving antibiotic use and resistance
- Education







How does an ASP work?

Depends

- Location—inpatient vs. outpatient
- Resources—ID, Pharmacy?

Some things are the same

- Data
- Interventions:
 - Decision to start
 - Dosing
 - Duration





Who is involved in an ASP?

Physicians

• ID, ED, Primary Care, Surgeons

Pharmacists

Nurses

Patients





What Data is needed?

Antibiotic use data

Resistance data

Other adverse effects of antimicrobial use

- ED visits due to adverse reactions
- *C. difficile* infection rates

70% of antibiotic prescriptions are likely necessary.

(Improvement still needed in drug selection, dose and duration)

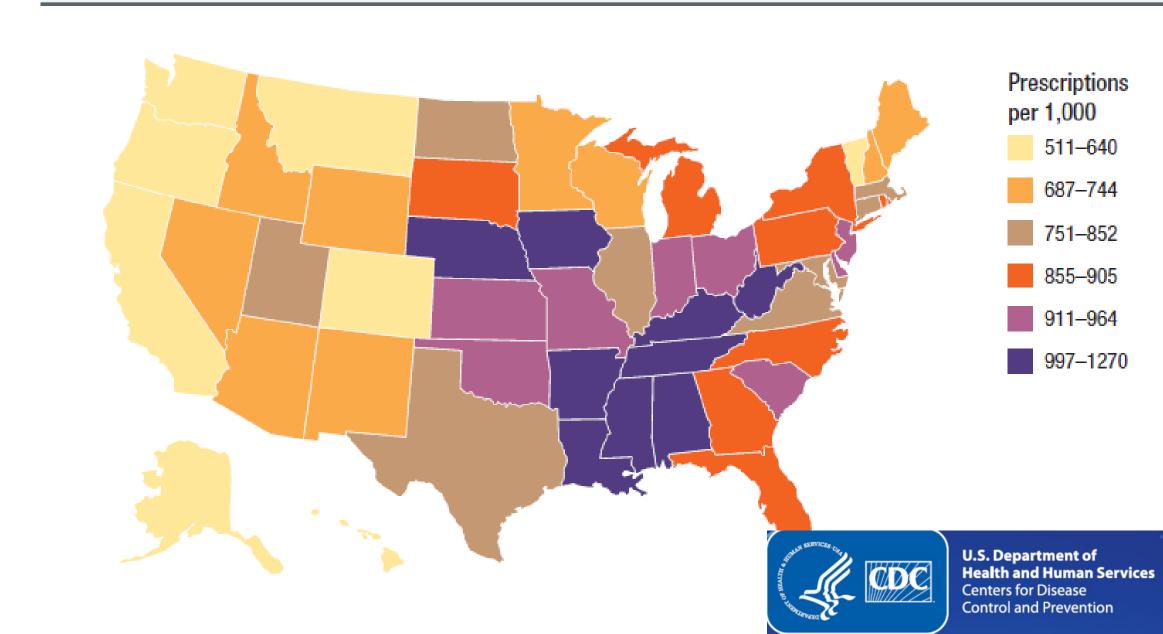


At least 30% of antibiotic prescriptions are unnecessary.

In U.S. Doctor's Offices and Emergency Departments

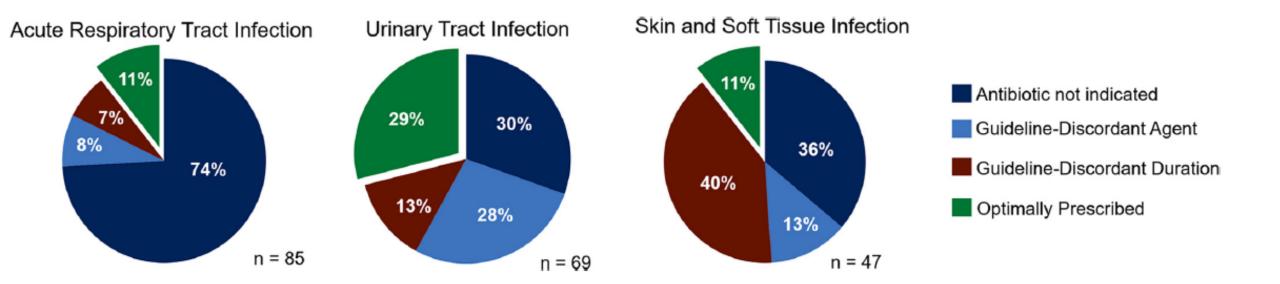


Community Antibiotic Prescriptions by State—2016

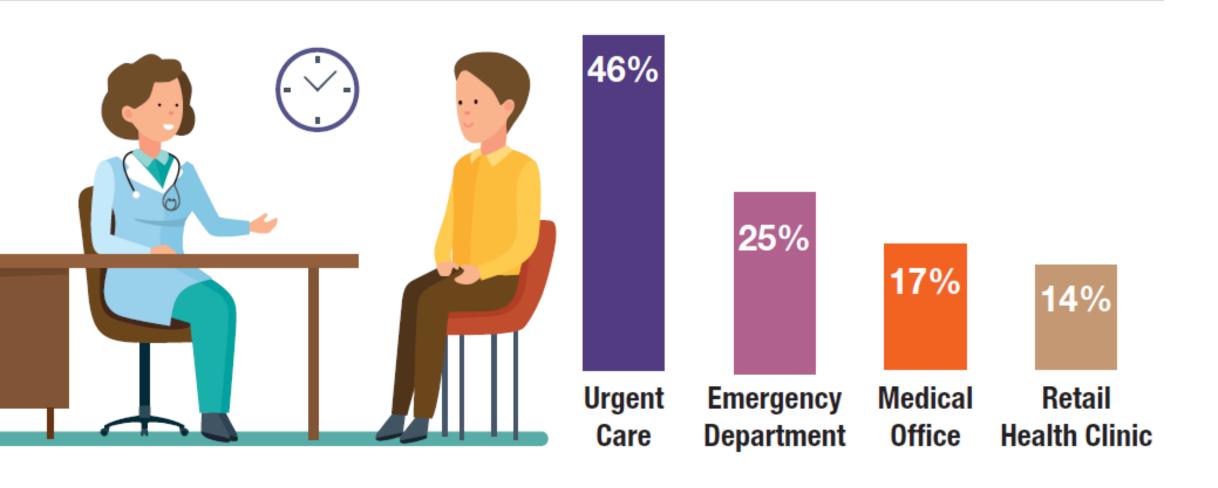


Prevalence of Inappropriate Antibiotic Prescribing in Primary Care Clinics within a Veterans Affairs Health Care System

Nathan R. Shively, a* Deanna J. Buehrle, b Cornelius J. Clancy, a,b Brooke K. Deckera,b



Percent of Visits for Respiratory Illnesses With an Unnecessary Antibiotic Prescription



Open Forum Infectious Diseases

BRIEF REPORT

Outpatient Antibiotic Prescribing Among United States Nurse Practitioners and Physician Assistants

Guillermo V. Sanchez,¹ Adam L. Hersh,² Daniel J. Shapiro,³ James F. Cawley,⁴ and Lauri A. Hicks¹

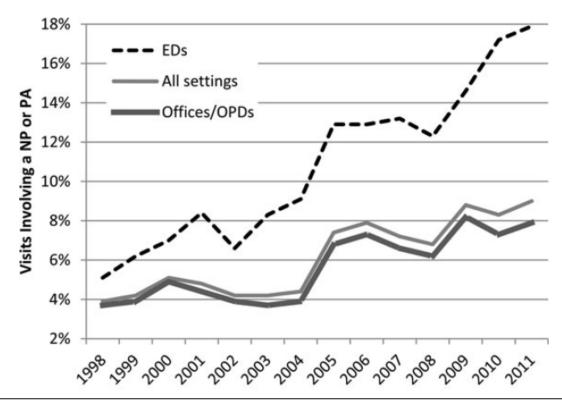


Table 1. Antibiotic Prescribing by Condition and Provider-Type for Adult Ambulatory Visits, 2006–2011^a

Diagnoses	Proportion of Vi	sits in Which Antibiot Prescribed	tics Were	Proportion of Antibiotics That Were Broad-Spectrum Antibiotics ^b		
Visit diagnosis	Physician-only	NP/PA	$P(\chi^2)$	Physician-only	NP/PA	$P(\chi^2)$
All ambulatory visits	12%	17%	<.0001	57%	57%	.61
ARTI	54%	61%	<.001	56%	53%	.10

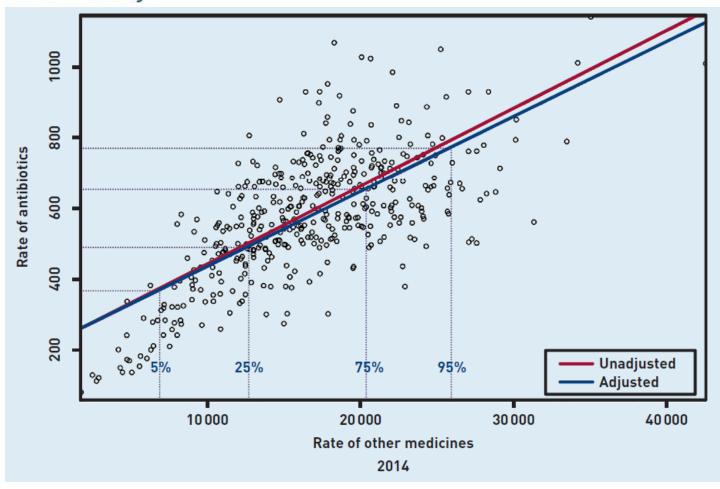
Abbreviations: ARTI, acute respiratory tract infection; ED, emergency department; NP, nurse practitioner; PA, physician' assistant.

^a Total sample of respiratory visits in which antibiotics were prescribed included 52, 438 physician-only visits, and 9284 NP/PA visits. The NP/PA data includes NPs, PAs, and midwives. Midwives were not present in ED settings. Visits in which a comorbid illness was diagnosed were excluded.

b Broad-spectrum antibiotic drug classes were defined as quinolones, macrolides, broad-spectrum cephalosporins (second, third, or fourth generation), broad-spectrum penicillins (amoxicillin/

Relationship between prescribing of antibiotics and other medicines in primary care:

a cross-sectional study



British Journal of General Practice, January 2019





How do we get the Data?

Resistance

- NHSN-AR Module
- NHSN CDI LabID Event (Fac WideIN)
- NHSN MDRO LabID Module (Coming Soon!)
- Monthly, quarterly, and annual facility reporting
- Epi Data Center
 - Uzo.chukwuma.civ@mail.mil
 - ASHIPS Dashboard: https://nmcpeh-hpwebsvr.med.navy.mil/ASHIPS/Default.aspx

Antimicrobial Utilization

- NHSN-AU Module
- Pharmacovigilance Center
 - Michelle.j.lacour.civ@mail.mil
 - Carepoint https://carepoint.health.mil

CDI

Local infection prevention





What do we do with the data?

High volume bugs

E coli

High volume drugs

cefazolin

High risk bugs

MDRO—ESBL, CRE, MRSA, VRE

High risk drugs

- Adverse effects
- C diff risk—Clindamycin!
- Driving resistance

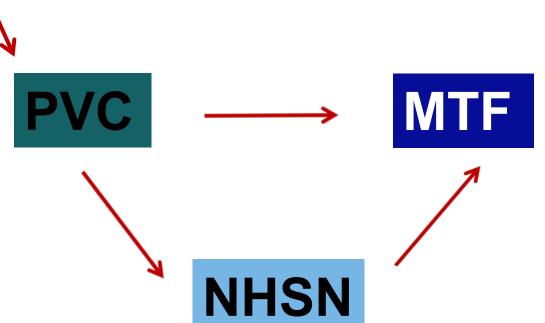


Antimicrobial Utilization Data



MTF

Essentris & CHCS



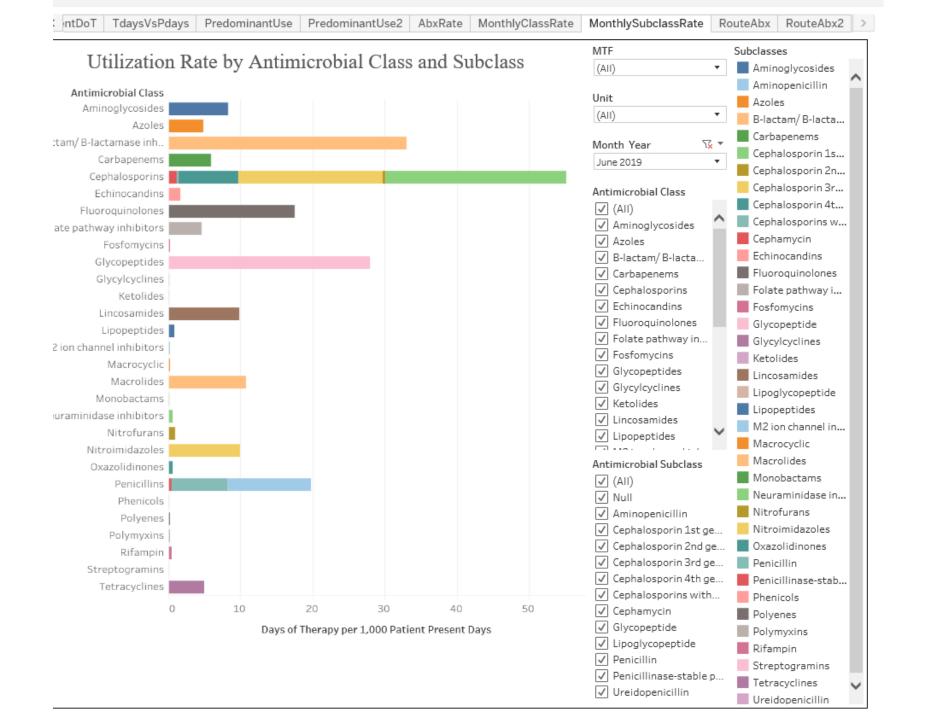


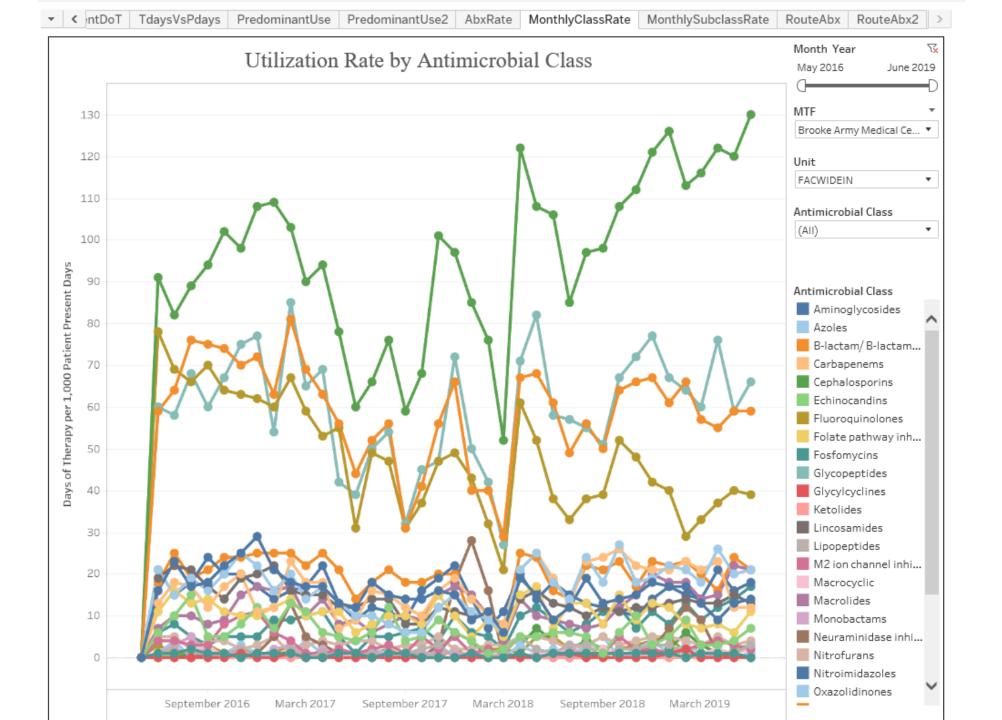


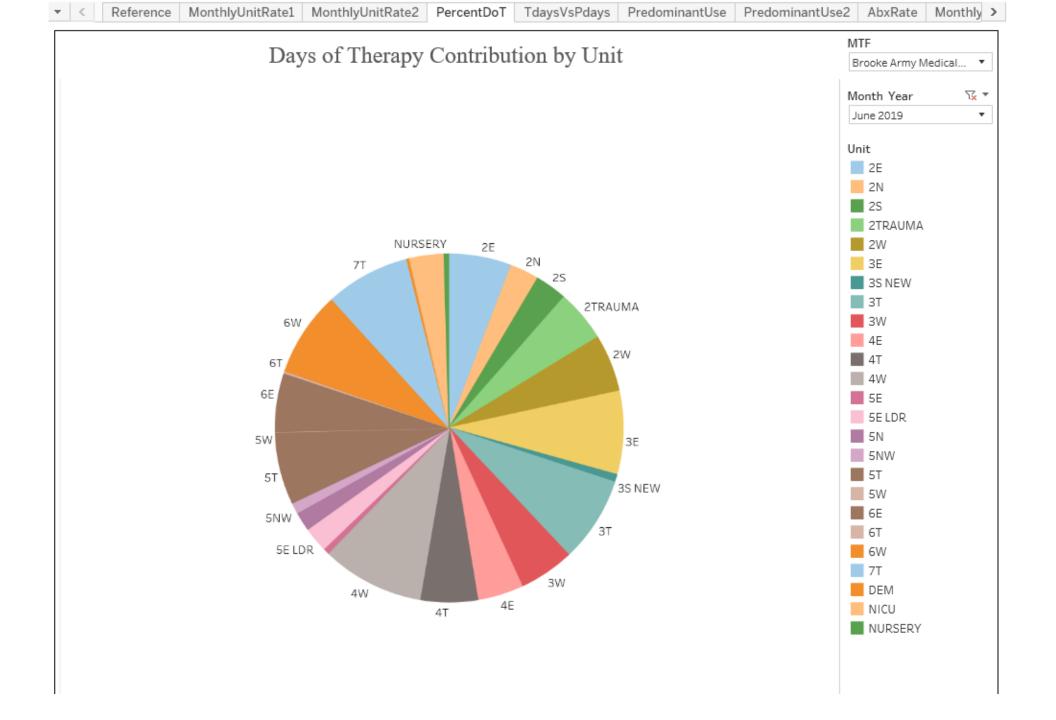
Summary

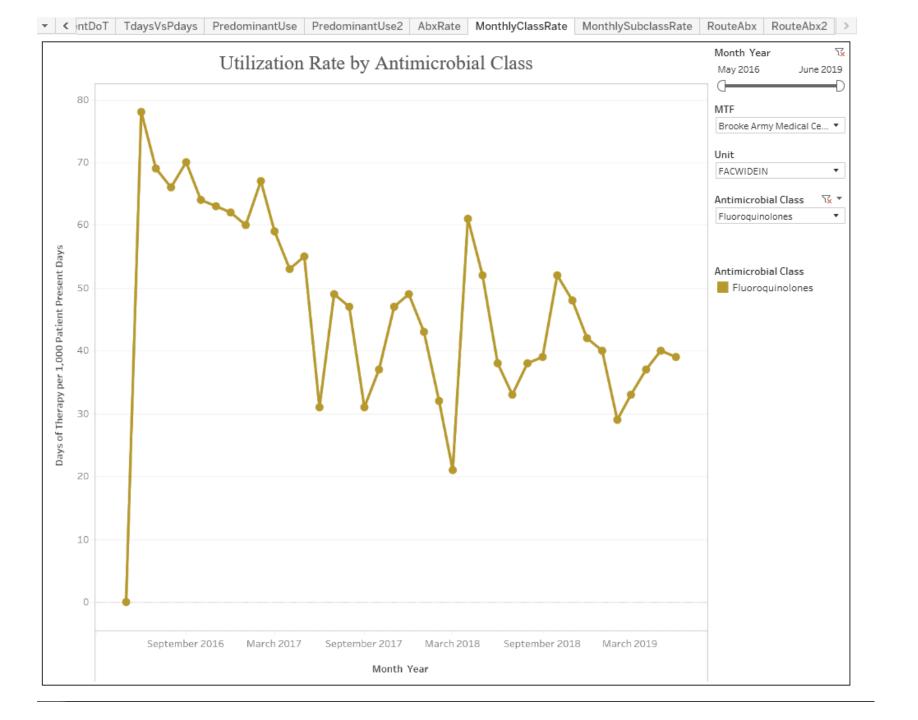
Monthly inpatient antibiotic use data for MTFs reporting to NHSN AU module

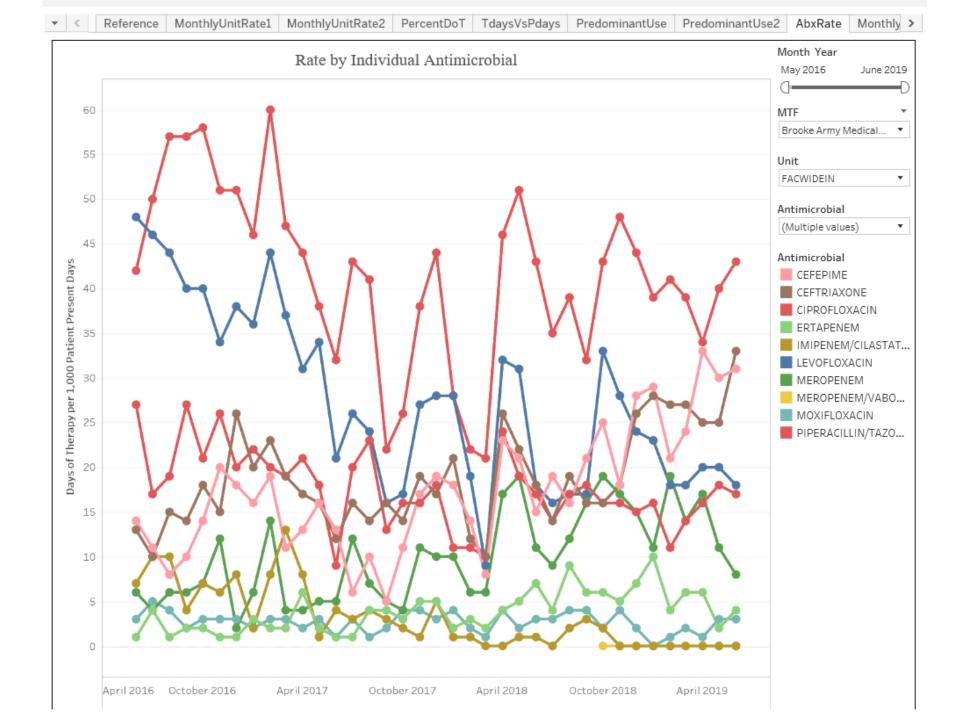
Meta Data V	/ersion History
Program	PVC Antibiotics Usage Reporting for ASP
Author	Rosenie Thelus
Contact Name	e Michelle Lacour
Contact Email	I michelle.j.lacour.mil@mail.mil

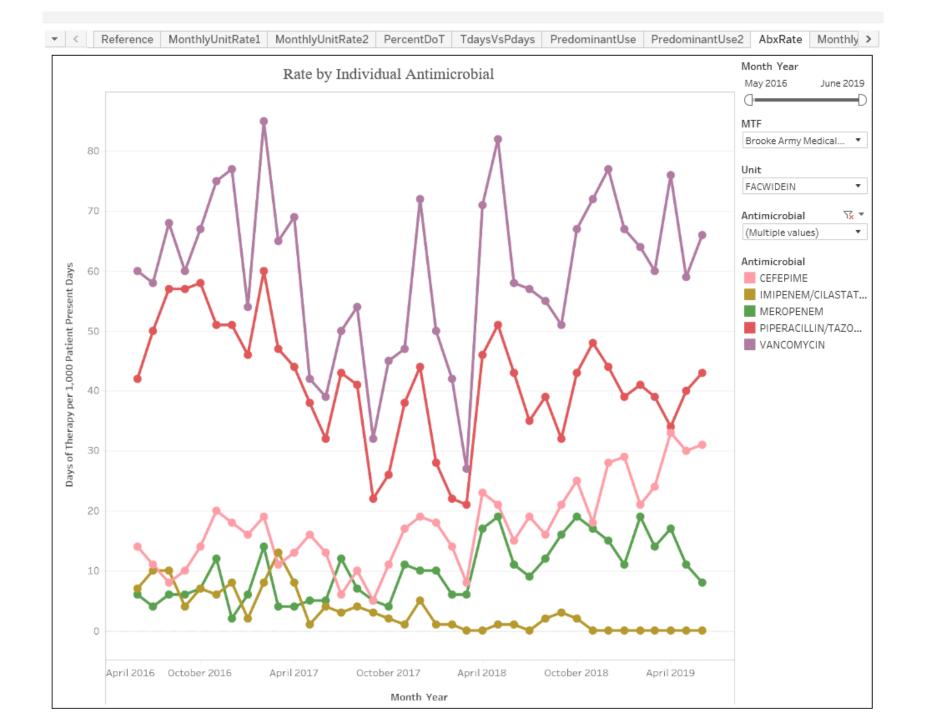


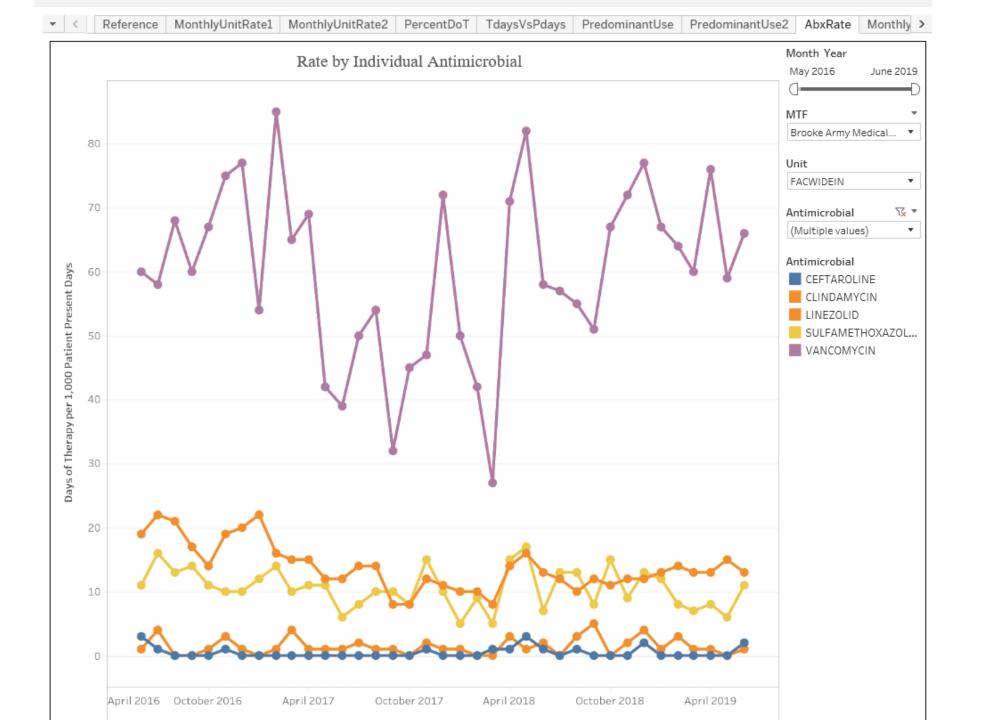


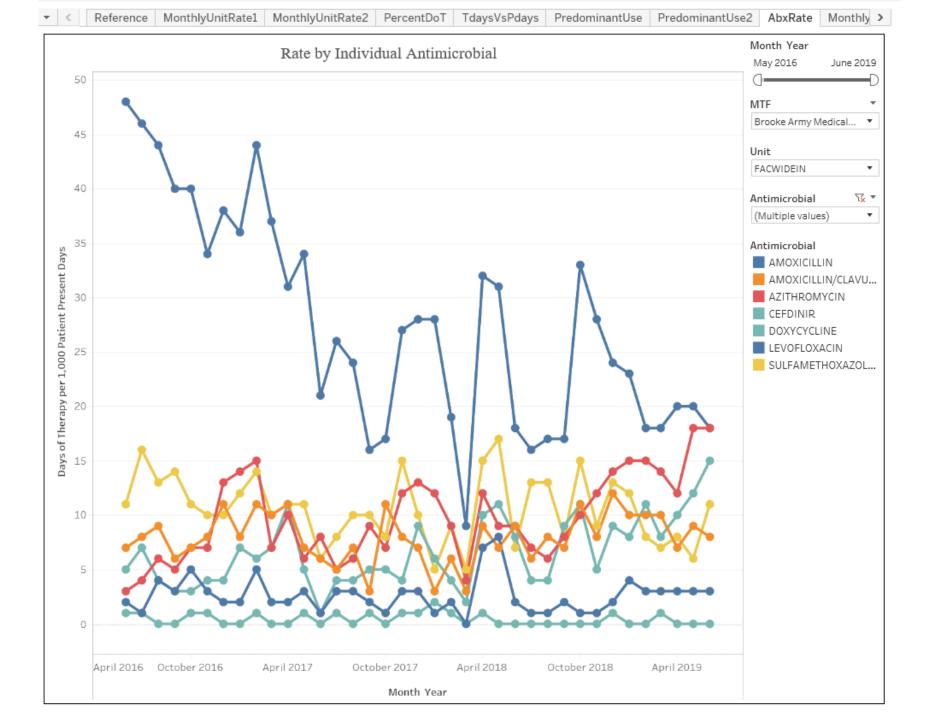


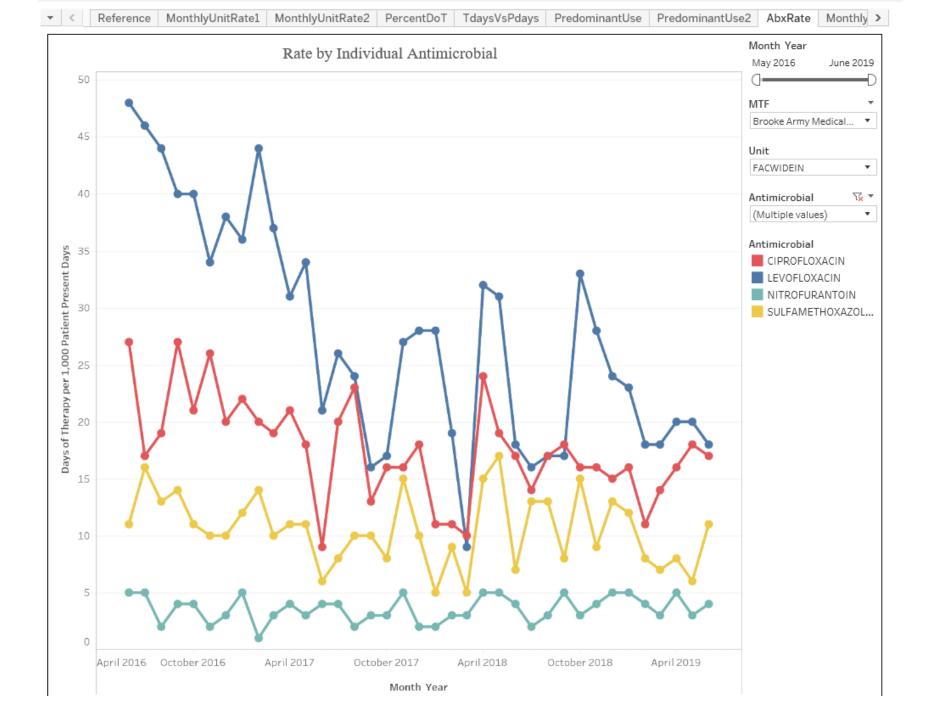


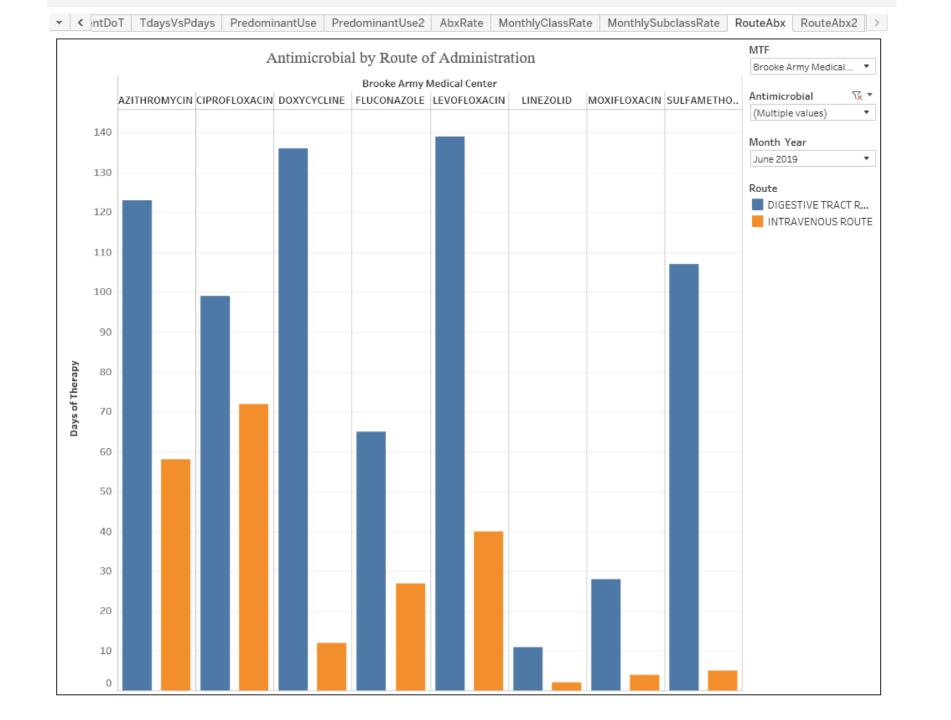












Outpatient Abx-WHASC IM Clinic

				2018Q1			2018Q2			2018Q3			2018Q4	
MEPRS3 Description	Provider Name	ABX/100 PT	Count	Count PT	ABX/100 PT	Count	Count PT	ABX/100 PT	Count	Count PT	ABX/100 PT	Count	Count PT	ABX/100 PT
TERNAL MEDICINE CLINIC	Trovider Name		AUA	Countri		ADA	Countri		ADA	Countri		ADA	Countri	
ERNAL MEDICINE CLINIC												1	130	0.7
												4		
		2.34	4	238	1.68	8	254	3.15				4		
		2.37	23			22			23	429	5.36	12		
		0.77	11			4			23			12	401	2.3
		0.77	11	. 550	5.27	- 4	211	1.50		254	0.65			
		2.13	1	23	4.35	1	46	2.17	3	58	5.17			
		2.13		. 23	4.33	2				30	3.17			
							30	3.30						
			2	143	1.40	6	275	2.18	4	302	1.32	2	156	1.2
		8.33	1				2/3	2.10		302	1.52		150	1.2
		6.88		23	4.55				4	242	1.65	4	271	1.4
		0.00				3	44	6.82		242	1.03		2/1	1
		3.04	20	383	5.22	18			24	458	5.24	10	508	1.9
		0.69	5			5			1			10	500	1
		1.67				1			3					
		2.44		. 31	1.50	1			1			1	22	4.5
		2.44					33	2.00	1				22	4.0
										37	1.75			
			2	2 48	4.17	1	49	2.04						
		2.43	7			3			1	150	0.67			
		2.43		202	2.40		223	1.55		130	0.07			
		1.49	1	. 75	1.33	1	87	1.15				4	339	1.1
		1.43		. 73	1.33		07	1.13				6		
													321	1.0
		3.49	36	261	13.79	33	222	14.86	22	235	9.36	17	331	5.1
			20			33 6			22 6			1/	551	3.1
		0.74		250	0.80	<u> </u>	152	3.95	b	244	2.46			

Outpatient Abx—WHASC FP Clinic

					2018Q1			2018Q2			2018Q3		2018Q4		
			ABX/100	Count		ABX/100	Count		ABX/100	Count		ABX/100	Count		ABX/10
e	MEPRS3 Description	Provider Name	PT	ABX	Count PT		ABX	Count PT		ABX	Count PT	PT	ABX	Count PT	1
	FAMILY PRACTICE MEDICINE														
							1	56	1.79	2	21	9.52			
							6	128	4.69	13	690	1.88	10	474	2
							4	38	10.53	19	439	4.33	35	618	
			2.30	13	597	2.18	24	819	2.93	13	722	1.80	21	738	
			7.47	82	701	11.70									
			4.00	50	768	6.51	8	237	3.38	23	516	4.46	39	643	
			3.65												
			6.49												
			4.59	34	624	5.45	29	695	4.17	17	585	2.91	4	124	
			2.83	38	510	7.45	20	511	3.91				4	35	
							1	2	50.00						
				3	7	42.86									
			4.52	24	473	5.07	16	265	6.04						
			5.50												
			13.85	5	58	8.62									
										1	8	12.50			
										46	3	1533.33			
			2.76	4	316	1.27	20	833	2.40	18	742	2.43			
							12	121	9.92						
			6.46	45	551	8.17									
			1.60	27	587	4.60									
													12	109	1
				1	4	25.00	1	4	25.00	27	10	270.00			
							4	45	8.89	2	54	3.70			
			18.92	18	100	18.00	22	103	21.36	6	40	15.00	2	20	1
			3.75	30	655	4.58	15	762	1.97	14	768	1.82	19	647	
			4.55												
										9	83	10.84			
										30	575	5.22	18	578	

Outpatient Abx—WHASC ED

			2018Q1			2018Q2			2018Q3		2018Q4		
	ABX/100	Count		ABX/100	Count		ABX/100	Count		ABX/100	Count		ABX/100
Provider Name	PT	ABX	Count PT	PT	ABX	Count PT	PT	ABX	Count PT	PT	ABX	Count PT	PT
					1	13	7.69						
		4	29	13.79	10								
		46	202	22.77	35	172	20.35	27	136	19.85	23	145	15.86
		19	111	17.12	22	139	15.83						
											2	32	6.25
		1	. 4	25.00	7	44	15.91						
											3	33	9.09
		34	256	13.28	16	122	13.11						
											3	23	13.04
											25	103	24.27
		239	850	28.12	178	606	29.37	76	283	26.86	55	173	31.79
		63	331	19.03	93	653	14.24	74	453	16.34	88	479	18.37
											7	37	18.92
					3								
		174	670	25.97	153			152	489	31.08			
					18	137	13.14				9		
											21	. 183	11.48
		29	220	13.18	3	46	6.52						
											18		
		140	762	18.37	102	617	16.53	81			62		
								13		15.29	119		
		20	102	19.61	17			24		21.62	6	28	21.43
	<u> </u>				57			70	328	21.34			
	<u> </u>			40.00	2					4			
		54			18			4	26	15.38			
		39	196	19.90	4			70		40.50			40.40
					35			79		12.68	76		
					10	95	10.53	9	128	7.03	11		
					20	07	20.00	AE	154	20.22	3 16		
					29	97	29.90	45 1			10		
					35	213	16.43	101		18.43	110		
		21	. 92	22.83	33	213	10.43	101		12.35	110		
		21						10	61	12.55	15	60	13.12

ANTIBIOTIC RESISTANCE THREATS IN THE UNITED STATES

2019





New National Estimate*

Each year, antibiotic-resistant bacteria and fungi cause at least an estimated:



Clostridioides difficile is related to antibiotic use and antibiotic resistance:



2,868,700 infections



223,900 cases



35,900 deaths



12,800 deaths

New Antibiotic Resistance Threats List

Updated urgent, serious, and concerning threats—totaling 18

5 urgent threats

2 new threats

Watch List with





Antibiotic resistance remains a significant One Health problem, affecting humans, animals, and the environment. Data show infection prevention and control is saving lives—especially in hospitals—but threats may undermine this progress without continued aggressive action now.

Learn more: www.cdc.gov/DrugResistance/Biggest-Threats

Urgent Threats

- Carbapenem-resistant Acinetobacter
- Candida auris
- Clostridioides difficile
- Carbapenem-resistant Enterobacteriaceae
- Drug-resistant Neisseria gonorrhoeae

Serious Threats

- Drug-resistant Campylobacter
- Drug-resistant Candida
- ESBL-producing Enterobacteriaceae
- Vancomycin-resistant Enterococci
- Multidrug-resistant Pseudomonas aeruginosa
- Drug-resistant nontyphoidal Salmonella
- Drug-resistant Salmonella serotype Typhi
- Drug-resistant Shigella
- Methicillin-resistant Staphylococcus aureus
- Drug-resistant Streptococcus pneumoniae
- Drug-resistant Tuberculosis

Concerning Threats

- Erythromycin-resistant group A Streptococcus
- Clindamycin-resistant group B Streptococcus

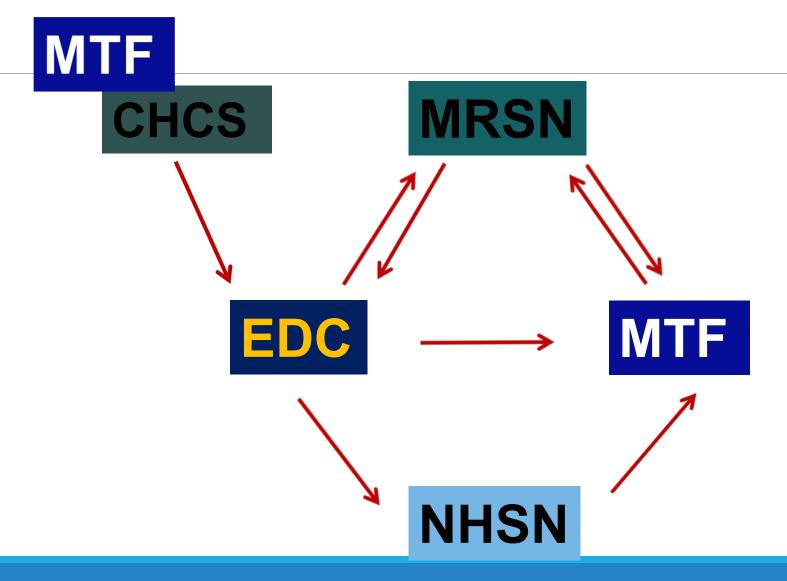
Watch List

- Azole-resistant Aspergillus fumigatus
- Drug-resistant Mycoplasma genitalium
- Drug-resistant Bordetella pertussis



Antimicrobial Resistance Data





Antimicrobial Stewardship, Hospital Infections, and Patient Safety Surveillance (ASHIPS)



Antimicrobial Stewardship, Hospital Infections, and Patient Safety Surveillance

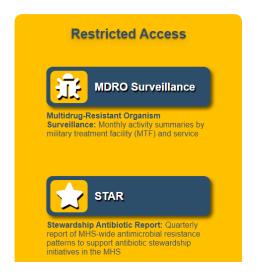
Welcome to the ASHIPS Dashboard!

This site aggregates public health surveillance data (current and historical) related to antimicrobial stewardship, multidrug-resistant organisms (MDROs), and patient safety in the Military Health System (MHS).

This dashboard is a product of the EpiData Center (EDC) at the Navy and Marine Corps Public Health Center (NMCPHC) in Portsmouth, VA. For optimal viewing, Google Chrome or Internet Explorer (version 9 or later) is recommended.

Note: Restricted Access materials are protected by unique user permissions. To request access to the restricted resources listed below, please email the EDC.

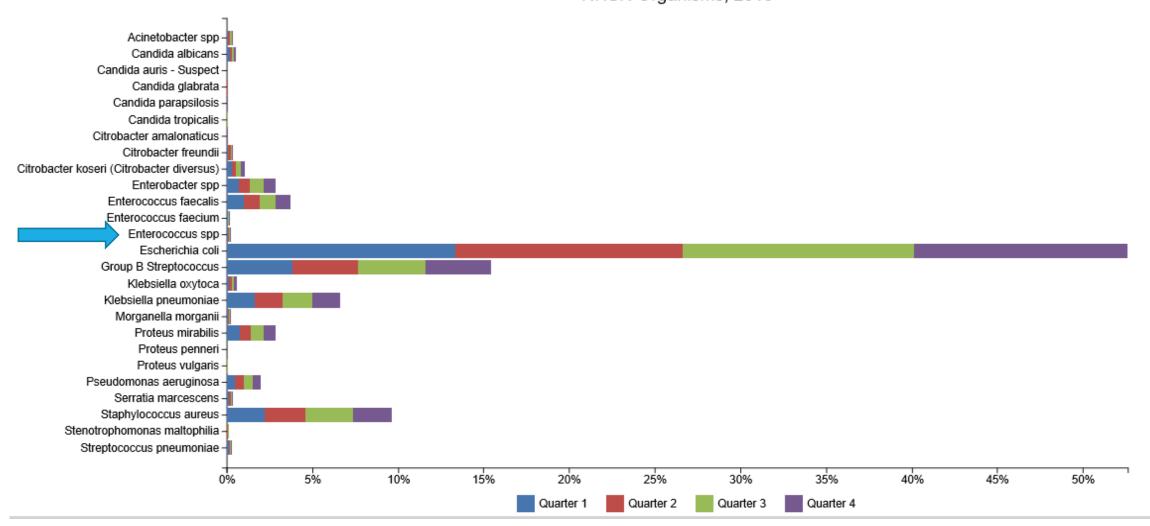




DOD Isolates, 2019







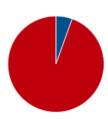
SIAR

	Ecobor	iobio coli	Crous D O	trontoccour	Otophuless	Seeme access	/loboio!!-	nnoumonice	Enterses	oue faccali-
		ichia coli	•	treptococcus		occus aureus		pneumoniae		ccus faecalis
Total	Count		Count	Percent	Count	Percent 8.9	Count	Percent	Count	Percent
Total	15,261	53.4	4,364	15.3	2,535 acility Servic		1,846	6.5	1,146	4
Air Force	2 276	22.1	640	14.9	_ ·	15.5	240	10.4	104	16.1
All Consises	3,376	0	649	0	392 0	0	340 0	18.4	184 0	0
All Services	0		_							
Army	5,988	39.2	1,707	39.1	1,083	42.7	808	43.8	478	41.7
Capital Region	2,015	13.2	695	15.9	347	13.7	277	15	164	14.3
Navy	3,881	25.4	1,312	30.1	713	28.1	421	22.8	320	27.9
Unknown	1	0	1	0	0	0	0	0	0	0
	Г				acility Regio					
OCONUS	1,509	9.9	258	5.9	240	9.5	117	6.3	61	5.3
US Midwest	920	6	226	5.2	190	7.5	101	5.5	78	6.8
US Northeast	175	1.1	28	0.6	29	1.1	12	0.7	14	1.2
US South	3,384	22.2	793	18.2	550	21.7	490	26.5	275	24
US South Atlantic	5,499	36	1,910	43.8	990	39.1	717	38.8	398	34.7
US West	3,774	24.7	1,149	26.3	536	21.1	409	22.2	320	27.9
				Spe	ecimen Locat	ion				
Inpatient	385	2.5	91	2.1	304	12	125	6.8	143	12.5
Outpatient	14,876	97.5	4,273	97.9	2,231	88	1,721	93.2	1,003	87.5
Unknown	0	0	0	0	0	0	0	0	0	0
					Gender					
Female	13,874	90.9	3,972	91	928	36.6	1,482	80.3	688	60
Male	1,387	9.1	392	9	1,607	63.4	364	19.7	458	40
Unknown	0	0	0	0	0	0	0	0	0	0
				Bene	eficiary Cate	gory				
Active Duty	3,274	21.5	1,210	27.7	762	30.1	269	14.6	148	12.9
Dependent	9,892	64.8	2,738	62.7	987	38.9	1,173	63.5	579	50.5
Other	884	5.8	190	4.4	321	12.7	148	8	137	12
Recruit	115	0.8	63	1.4	107	4.2	14	0.8	4	0.3
Retired	1,096	7.2	163	3.7	358	14.1	242	13.1	278	24.3
Unknown	0	0	0	0	0	0	0	0	0	0
011111101111					l		I .		1	
				Α	ge (in years)				

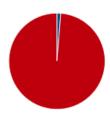
Specimen Sources

Invasive vs. Non-Invasive

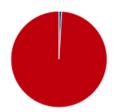
Enterococcus faecalis



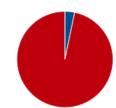
Escherichia coli



Group B Streptococcus



Klebsiella pneumoniae





Department of Defense Unique MDRO Isolate Counts, 2020

						_
MDRO		Qua	rter 1			
MDRO	Jan	Feb	Mar	Total	Apr	I/
MRSA	260			260		
MSSA	521			521		
VISA	0			0		
VRSA	0			0		
VRE	11			11		
C. difficile	133			133		
CNS P. aeruginosa	26			26		
CNS Acinetobacter	1			1		
CephR Klebsiella	2			2		
CRE Enterobacteriacae	3			3		
MDR Acinetobacter	1			1		
MDR P. aeruginosa	9			9		
MDR S. pneumoniae	0			0		
ESBL E. coli	195			195		
ESBL E. aerogenes	15			15		
ESBL E. cloacae	5			5		
ESBL K. pneumoniae	30			30		
S. maltophilia	17			17		
Burkholderia cepacia	1			1		
TOTAL	1230			1230		

33% of *S. Aureus* is MRSA

Department of the Air Force Unique MDRO Isolate Counts, 2020

MDDO		Qua	arter 1			Qua	r
MDRO	Jan	Feb	Mar	Total	Apr	Мау	Γ
MRSA	47			47			Γ
MSSA	83			83			
VISA	0			0			Γ
VRSA	0			0			Γ
VRE	1			1			Γ
C. difficile	40			40			Γ
CNS P. aeruginosa	6			6			Γ
CNS Acinetobacter	0			0			Γ
CephR Klebsiella	0			0			
CRE Enterobacteriacae	0			0			Γ
MDR Acinetobacter	0			0			
MDR P. aeruginosa	3			3			Γ
MDR S. pneumoniae	0			0			
ESBL E. coli	43			43			Γ
ESBL E. aerogenes	1			1			
ESBL E. cloacae	2			2			Γ
ESBL K. pneumoniae	9			9			Γ
S. maltophilia	5			5			Γ
Burkholderia cepacia	0			0			Γ
TOTAL	240			240			Γ

36% MRSA

Monthly MDRO Surveillance Summaries (DOD)

M D R O R O

Lackland AFB Unique MDRO Isolate Counts, 2020

MDDO		Qua	arter 1	
MDRO	Jan	Feb	Mar	Total
MRSA	5			5
MSSA	6			6
VISA	0			0
VRSA	0			0
VRE	0			0
C. difficile	2			2
CNS P. aeruginosa	0			0
CNS Acinetobacter	0			0
CephR Klebsiella	0			0
CRE Enterobacteriacae	0			0
MDR Acinetobacter	0			0
MDR P. aeruginosa	0			0
MDR S. pneumoniae	0			0
ESBL E. coli	5			5
ESBL E. aerogenes	0			0
ESBL E. cloacae	0			0
ESBL K. pneumoniae	2			2
S. maltophilia	0			0
Burkholderia cepacia	0			0
TOTAL	20			20

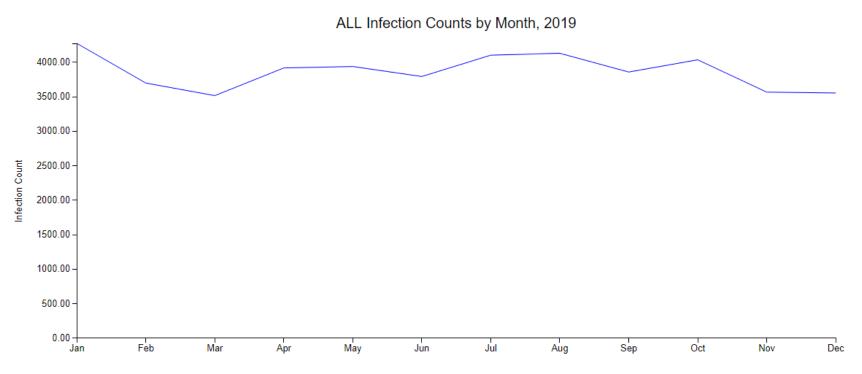


Brooke AMC Unique MDRO Isolate Counts, 2020

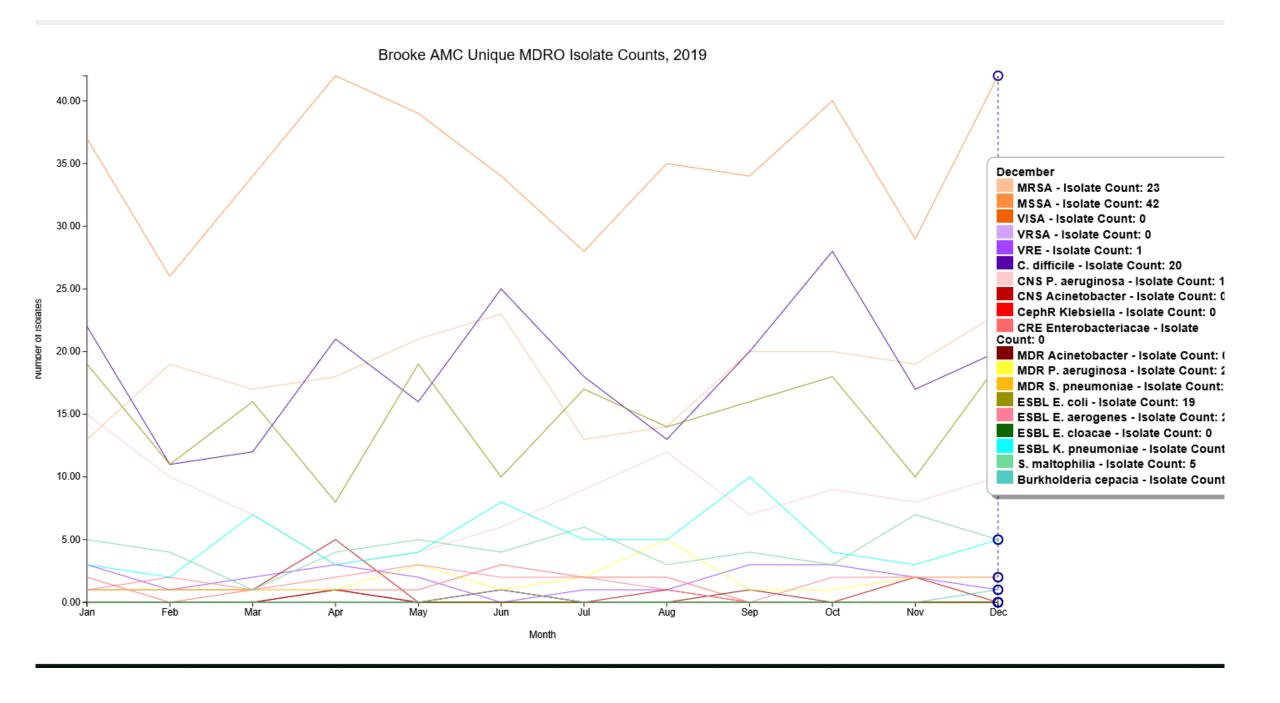
мово		Qua	rter 1	
MDRO	Jan	Feb	Mar	Total
MRSA	27			27
MSSA	31			31
VISA	0			0
VRSA	0			0
VRE	1			1
C. difficile	16			16
CNS P. aeruginosa	10			10
CNS Acinetobacter	1			1
CephR Klebsiella	1			1
CRE Enterobacteriacae	1			1
MDR Acinetobacter	1			1
MDR P. aeruginosa	2			2
MDR S. pneumoniae	0			0
ESBL E. coli	20			20
ESBL E. aerogenes	1			1
ESBL E. cloacae	0			0
ESBL K. pneumoniae	6			6
S. maltophilia	5			5
Burkholderia cepacia	1			1
TOTAL	124			124

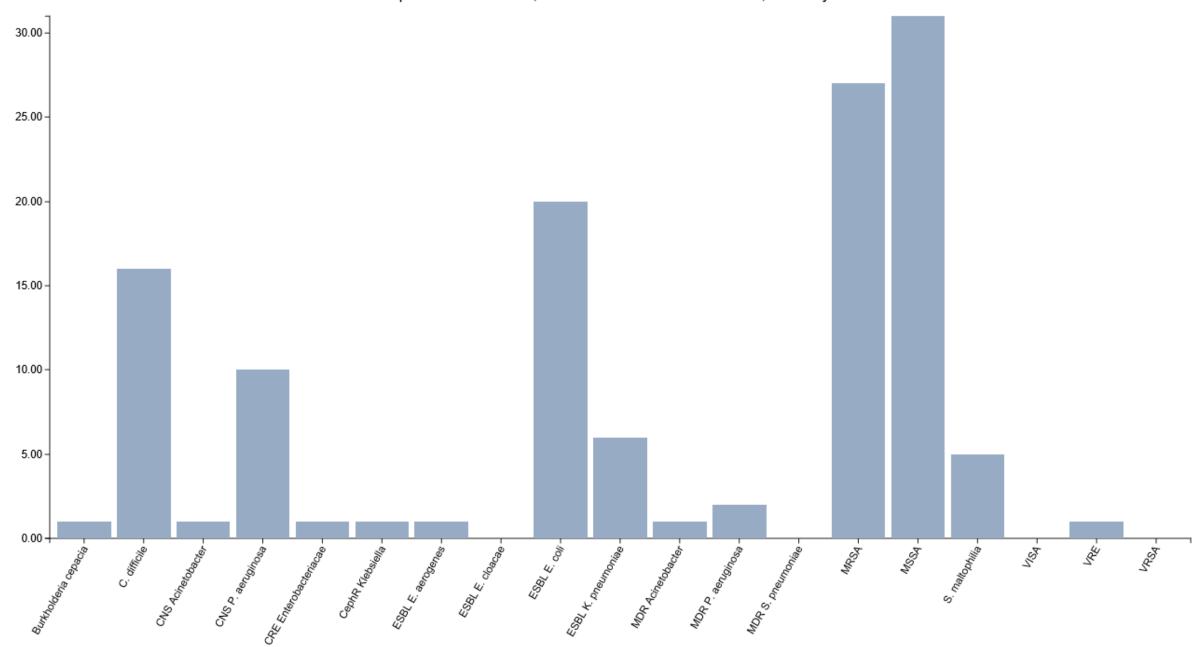
46% MRSA

Stewardship: Quarterly (ASHIPS)



Infection	n Counts, Army, 2019										
		Qua	rter 1	Qua	rter 2	Qua	rter 3	Qua	rter 4	Annu	al Total
		Count	Percent								
Total Number	er of Infections	11,490	100	11,651	100	12,093	100	11,159	100	46,393	100
Total Number	er of IP Infections	660	5.7	660	5.7	611	5.1	678	6.1	2,609	5.6
II	NTERNAL MEDICINE	283	42.9	268	40.6	261	42.7	284	41.9	1,096	42
G	GENERAL SURGERY	152	23	158	23.9	162	26.5	158	23.3	630	24.1
Total Number	er of ER Infections	2,825	24.6	2,874	24.7	3,173	26.2	3,036	27.2	11,908	25.7
G	SENERAL EMERGENCY ROOM	2,606	92.2	2,656	92.4	2,969	93.6	2,827	93.1	11,058	92.9
Р	EDIATRIC EMERGENCY ROOM	219	7.8	218	7.6	204	6.4	209	6.9	850	7.1





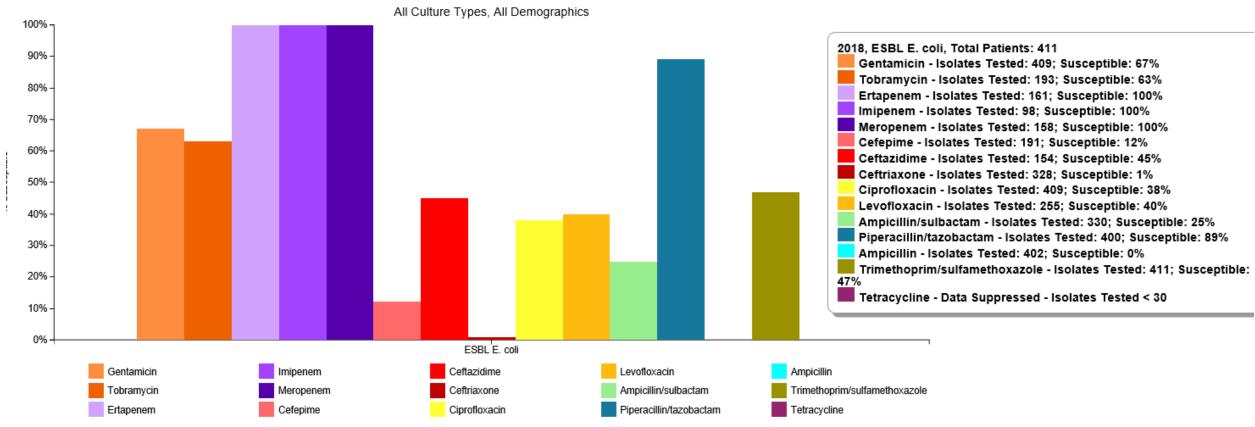




Antibiotic Susceptibility Data



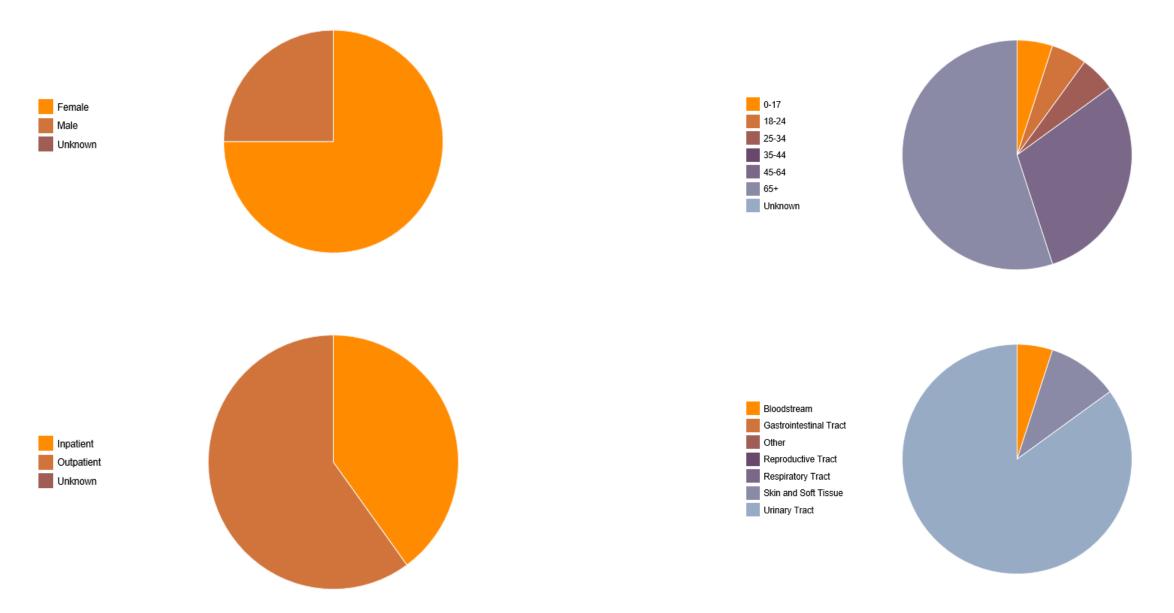
Antibiotic Susceptibility in Texas for MHS Beneficiaries, 2018



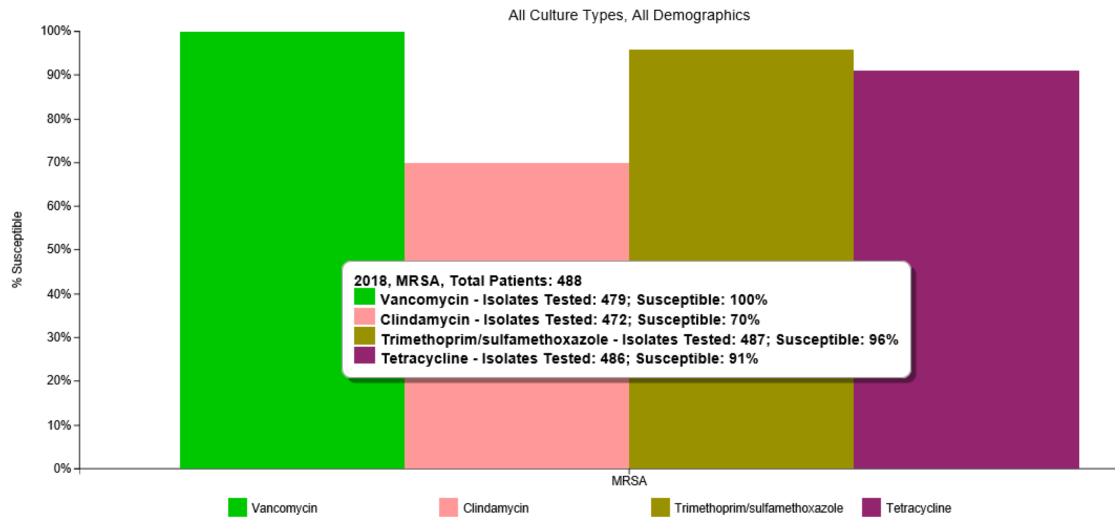
Antibiogram data includes the first isolate per person and organism for each year and state. Please refer to Methodology for a more detailed description.

Produced by the EpiData Center, Navy and Marine Corps Public Health Center, 2020.

BAMC ESBL E. Coli, January 2020 (n=20)

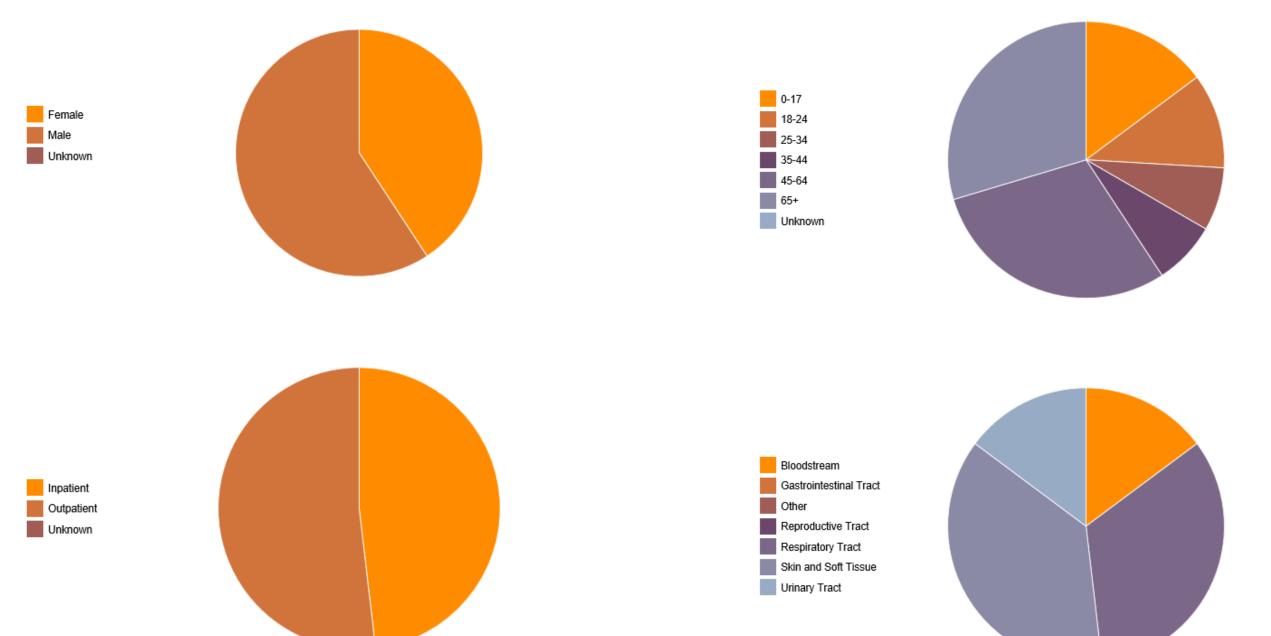


Antibiotic Susceptibility in Texas for MHS Beneficiaries, 2018



Antibiogram data includes the first isolate per person and organism for each year and state. Please refer to Methodology for a more detailed description.

BAMC MRSA, January 2020 (n=27)







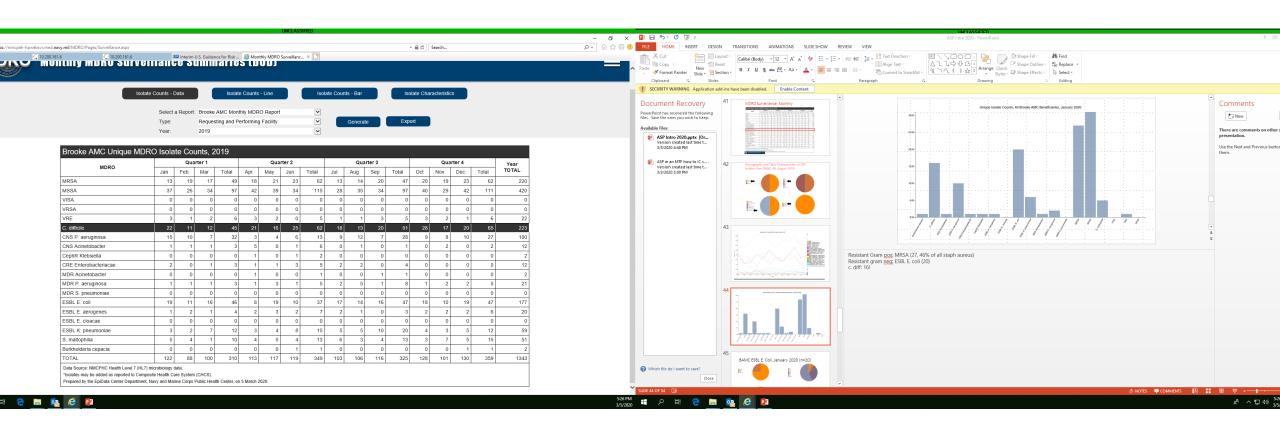


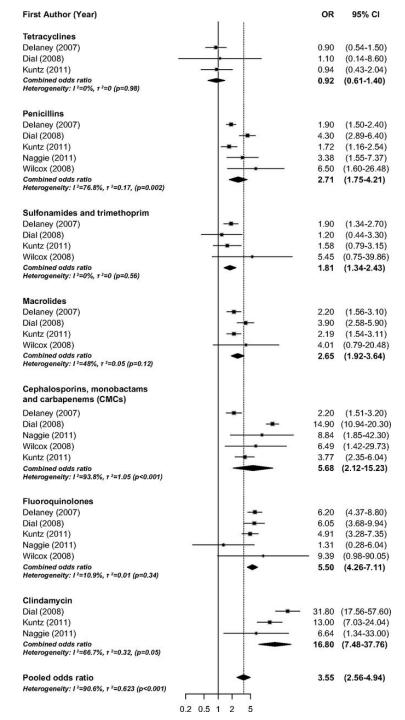












Odds Ratio of Antibiotics risk for CDI:

- Clindamycin 16.8
- Cephalosporins-monobactamscarbapenems 5.7
- Fluoroquinolones 5.5
- Macrolides 2.7
- Tmp/Smx 1.8
- Tetracyclines 0.9

Kevin A. Brown et al. Antimicrob. Agents Chemother. 2013;57:2326-2332





4 Rights of Antimicrobial Stewardship

Right **Diagnosis**

Right Drug

Right Dose

Right Duration





Interventions

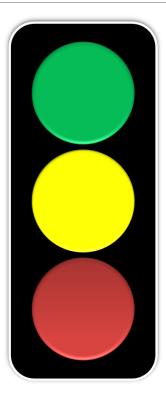
Decision to start

Dosing

Duration













Decision to Start

Education

- Patients—posters, videos
- Providers—Grand Rounds
- Website

Right Diagnosis!

Evidence Based Decision Support

Facility specific guidelines based on antibiogram

Protected Formulary*

PCN Allergy De-labelling







Right Diagnosis

Rapid diagnostics

- Multiplex PCR
- Rapid flu

Biomarkers

- Procalcitonin
- Presepsin
- Galectin-3
- sST2
- CRP
- MxA

Open Forum Infectious Diseases

MAJOR ARTICLE





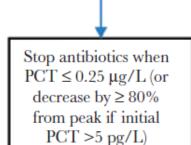
Outpatient Antibiotic Stewardship: A Growing Frontier—Combining Myxovirus Resistance Protein A With Other Biomarkers to Improve Antibiotic Use

Patrick Joseph¹ and Eliot Godofsky²

Use of procalcitonin as a tool for antibiotic stewardship

Rita Murri¹, Eleonora Taddei¹, Roberto Cauda*, & Massimo Fantoni¹

SUSPECTED RESPIRATORY INFECTION IN STABLE PATIENT • Not critically ill or high-risk (e.g., CAP PSI ≥ IV / CURB 65 ≥ 2, COPD GOLD >111) Not severely immunocompromised (other than corticosteroids) · No other concomitant infection requiring antibiotics $PCT > 0.25 \mu g/L$ $PCT \le 0.25 \,\mu g/L$ No Antibiotics Start Antibiotics Recheck PCT Repeat PCT on day 3

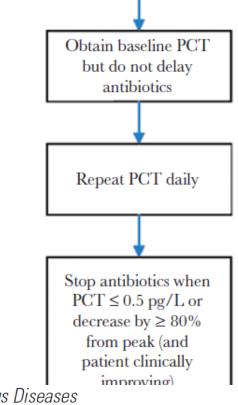


and every other day

if still on antibiotics

SUSPECTED SEPSIS IN CRITICALLY ILL PATIENT

- Not severely immunocompromised (other than corticosteroids)
- Not on antibiotics for chronic bacterial infection (e.g. endocarditis, osteomyelitis)



Open Forum Infectious Diseases

REVIEW ARTICLE



Notes:

after 6-24 hours

if hospitalized

- If PCT levels do not decline despite therapy, consider treatment failure (e.g., inadequate antibiotic therapy Chanu Rhee12
- PCT algorithms apply to patients with clinically confirmed infections as well as those in whom infection was never proven
- PCT algorithms can be used as a clinical decision aid but should never override clinical judgment

Using Procalcitonin to Guide Antibiotic Therapy

Table 3. Antimicrobial stewardship considerations for optimal implementation of FDA-approved RDTs for non-blood culture identification.

Syndrome	Example systems (manufacturer)	Implementation and ASP considerations
ARI	FilmArray® RP ^a (BioFire Diagnostics)	 Implementation may be favorable if institution has high rates of inappropriate antimicrobial prescribing for ARIs
	ePlex Respiratory Pathogen Panel	May be costly
	(GenMark Diagnostics)	 Helpful in ruling viral infections, including influenza, in or out
		 May consider utilizing in conjunction with PCT assay to differentiate between viral and bacterial ARIs
CNS	FilmArray ME (BioFire Diagnostics)	 Implementation may be favorable for high prevalence units (e.g., pediatrics, neonates)
		 Associated with faster time to diagnosis of viral infections
		 Cannot replace traditional CSF testing for the diagnosis of ME
GI	xTAG® GPP (Luminex Corporation)	 Consider implementing in high prevalence units (e.g., pediatrics)
		 Associated with higher rates of positive tests than conventional methods
	FilmArray GI (BioFire Diagnostics)	May be instrumental in de-escalation efforts for ASPs
		 Rapid identification has benefit of rapid infection control and isolation adjustments
aRespiratory pan	nel.	

LM | **601–616** | 03:04 |

Viruses or Bacteria What's got you sick?

Antibiotics only treat bacterial infections. Viral illnesses cannot be treated with antibiotics. When an antibiotic is not prescribed, ask your healthcare professional for tips on how to relieve symptoms and feel better.

	(ommon Cause		Are antibiotics
Common Condition: What's got you sick?	Bacteria	Bacteria or Virus	Virus	needed?
Strep throat	\checkmark			Yes
Whooping cough	\checkmark			Yes
Urinary tract infection	\checkmark			Yes
Sinus infection		\checkmark		Maybe
Middle ear infection		\checkmark		Maybe
Bronchitis/chest cold (in otherwise healthy children and adults)*		\checkmark		No
Common cold/runny nose			\checkmark	No
Sore throat (except strep)			\checkmark	No
Flu			\checkmark	No

^{*} In some cases, acute bronchitis is caused by bacteria, but even in these cases antibiotics still do not help.

Antibiotics Aren't Always the Answer





www.cdc.gov/getsmart



Nov. 16, 2016 CS272279B



SpeakUp: Antibiotics



Know the facts

- Antibiotics are life-saving drugs when used wisely.
- Antibiotics treat infections caused by bacteria. They do not work on viruses that cause colds and flu.
- Each year, almost 2 million people in the U.S. become infected with bacteria that antibiotics can't treat. These bacteria no longer respond to antibiotics. At least 23,000 people die each year from these infections.
- A reaction to an antibiotic may require a visit to the ER, especially for kids.
- Antibiotics also kill good bacteria in your body. This may lead to other problems like diarrhea or yeast infections.







Taking antibiotics when you don't need them doesn't make sense!

- How you use antibiotics today will affect how well the drugs work tomorrow for everyone.
- It takes many years to develop new antibiotics. We need to improve the use of the drugs currently available.
- One of the world's biggest health threats is from bacterial infections that no longer respond to antibiotics. Everyone must work together to use antibiotics wisely.





For more information

Association for Professionals in Infection Control and Epidemiology (APIC) Centers for Disease Control and Prevention (CDC)

The goal of Speak Up™ is to help patients and their advocates become active in their care.

Speak Up materials are available to all health care organizations. Their use does not indicate that an organization is a coredited by The John Commission.



Antibiotics – handle with care!

Antibiotic Prescribing – A Checklist of Reminders



Have the appropriate cultures been collected before starting antibiotic therapy?
Do the culture results necessitate starting antibiotic therapy or modifying ongoing the current antibiotic therapy?
What is the optimal duration of antibiotic therapy for treating this type of infection in this patient?
What is the appropriate antibiotic dose for treating this kind of infection in this patient?
Does the choice of antibiotic therapy comply with your hospital's antibiotic resistance patterns (antibiogram)?
Have you consulted your infectious disease physicians, microbiologists or pharmacists?

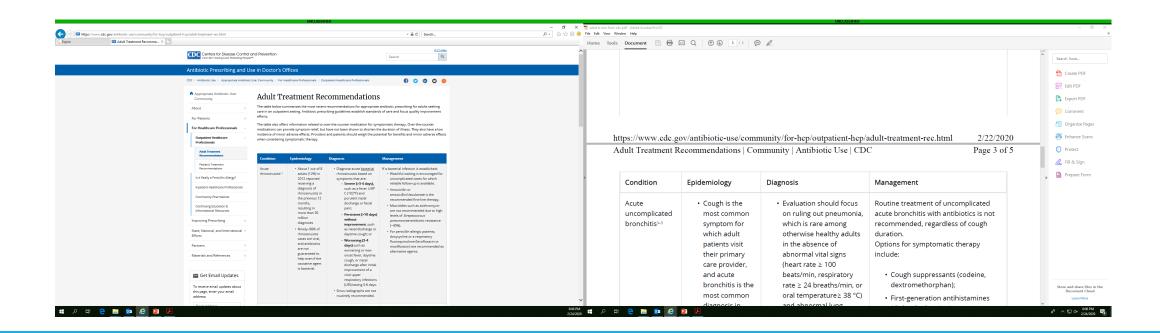






Centers for Disease Control and Prevention CDC 24/7: Saving Lives, Protecting People™

Antibiotic Prescribing and Use in Doctor's Offices







Selected Susceptibilities

Staphylococcus aureus

- Resistance: TMP/SMX, 2%; Doxycycline, 6%; **Clindamycin, 31%**
- 40% MRSA; if serious infection, Choose Vancomycin!

Enterococcus spp.

8% resistant to Ampicillin; 7% are VRE

E. coli

19% is resistant to FQ; 23% is resistant to TMP/SMX



BAMC 2019 Antibiogram - All Values expressed are % suscep	tible	e fro	om .	Jan	uary	[,] 1,	201	9 tc) De	ecen	nbe	r 31	, 20)19												1	
	Number of Isolates	AMIKACIN	GENTAMICIN	GENTAMICIN HIGH LEVEL (SYNERGY)	TOBRAMYCIN	AMPICILLIN/SULBACTAM	PIPERACILLIN-TAZOBACTAM	CEFAZOLIN	CEFEPIME	CEFTAZIDIME	CEFTRIAXONE	CEFTRIAX ONE (MENINGITIS)	CEFTRIAXONE (NON-MENINGITIS)	TRIMETHOPRIM/SULFAMETHOXAZOLE	FOSFOMYCIN	VANCOMYCIN	CLINDAMYCIN	DAPTOMYCIN	ERYTHROMYCIN	AZTREONAM	NITROFURANTOIN	LINEZOLID	ERTAPENEM	IMIPENEM	MEROPENEM	AMPICILLIN	OXACILLIN
Gram (-) Organisms																											
ACINETOBACTER SPECIES	39		92			77	76			52															76		
CITROBACTER FREUNDII	54	100	98			R		R		76	74			86							94		100			R	
CITROBACTER KOSERI	95	100	100				98		100	98	96			98							79		95		100	R	
ENTEROBACTER SPECIES	147	100	99				89		100	87	88			93						94	26		95		97		
ESCHERICHIA COLI	3402	100	92			63	97	92	97	97	95			78						96	96		99		99	56	
KLEBSIELLA AEROGENES	126	100	100			R	86	R	98	87	85			97						91	10		100		98	R	
KLEBSIELLA PNEUMONIAE	716	100	96			83	94	91	97	94	93			87						95	27		99		99	R	
MORGANELLA MORGANII	46		93			R	97	R		89	93			80							R					R	
PROTEUS MIRABILIS	369	100	94			90	100	93	99	99	98			90						100	R		85		100	87	
PSEUDOMONAS AERUGINOSA	397	R	R		R	R	88		90	89	R			R						80			R	87	88	R	
SERRATIA MARCESCENS	68	100	98			R		R		96	97			98							R		97		97	R	
STENOTROPHOMONAS MALTOPHILIA	40	R	R		R	R	R				R			95	R					R			R	R	R	R	
Gram (+) Organisms									•	'			•				'	•	•								
COAGULASE NEGATIVE STAPHYLOCOCCI	492		91											78		100	61		43		99						43
ENTEROCOCCUS FAECALIS	394	R	R		R			R	R	R	R			R		99	R		3		99					99	
ENTEROCOCCUS FAECIUM	43	R	R		R			R	R	R	R			R		44	R									38	
GROUP A STREPTOCOCCUS	13																										





Facility Specific Guidelines

Evidence Based

Based on local susceptibility pattern

Assist in utilization of microbiologic diagnostics and biomarkers

Can be assessed via tracers, peer review

Examples:

- Syndromic treatment guidelines
- High Yield advice: do not treat asymptomatic bacteruria, do not 'double cover' anaerobes



STATES AIR TORK SUCELLES

IMMEDIATE ID APPROVAL

Ambisome

Caspofungin, Micafungin

Voriconazole

Daptomycin

Ceftaroline

Linezolid

Colistin

Non-formulary

- Posaconazole
- Avycaz, Zerbaxa

APPROVAL AFTER 72 HOURS

Carbapenems

- Ertapenem
- Imipenem
- Meropenem

Aminoglycosides

- Tobramycin
- Amikacin

Aztreonam

IV fluconazole







Dosing

IV→PO transitions

• If taking regular diet, meds with good bioavailability (FQ) should be dosed orally

Dose for the infected space

Dose for the resistant/partially resistant organism

Optimize pharmacokinetics/pharmacodynamics

Extended infusions*

Other PK/PD Considerations

- Obesity
- CKD, CRRT
- Cirrhosis
- ECMO







Duration

Time-Out at 48-72 hrs!

De-escalate as soon as possible

- Work with micro lab to get rapid diagnostic studies
 - Multiplex PCR—BioFire ME/GI/RVP
 - Verigene, BCiD
- Shorter is Better!

Educate on typical duration based on syndrome

Prospective Audit and Feedback*

Effective, but labor intensive



Guidelines recommend **five to seven days** of antibiotic treatment for most sinus infections in adults.

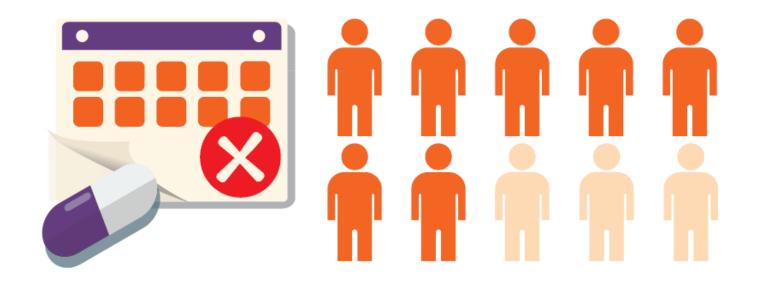
However, almost 70% of antibiotic prescriptions for sinus infections are for 10 days.





Most adults patients need **five days** of antibiotic therapy for community-acquired pneumonia.

However, 70% of adult patients hospitalized for community-acquired pneumonia receive almost 10 days of therapy.







Limit Duration of Therapy



Infection	Duration
Pneumonia Community-acquired Hospital-acquired	5 days 7 days
Urinary tract infection Uncomplicated cystitis Complicated cystitis Pyelonephritis	3-5 days 7 days 7-14 days
Intra-abdominal infection	4 days after source control
Skin and soft tissue infection	5-7 days
Traumatic wound infection (Not prophylaxis)	7-10 days
Bloodstream infection	7-14 days (Longer durations may be needed for for Staphylococcus aureus, Enterococcus species, and Pseudomonas aeruginosa)
Clostridium difficile	10 days





J Hosp Med. 2018 May 01; 13(5): 361.362. doi:10.12788/jhm.2904.

The Maturing Antibiotic Mantra: "Shorter Is Still Better"

Brad Spellberg, MD^{1,2,*}

J Hosp Med. 2018 May 01; 13(5): 361.362. doi:10.12788/jhm.2904.

The Maturing Antibiotic Mantra: "Shorter Is Still Better"

Brad Spellberg, MD^{1,2,*}

tions for which Short-Course Antibiotic Therapy Is Equivalent in Efficacy to Longer Therapy

ease	Short Course Studied (days)	Short Course Studied (days) Long Course Studied (days) Result	Result
nte bacterial sinusitis	5	10	Equal
tte exacerbation of chronic bronchitis and obstructive pulmonary disease	<5	≥7	Equal
aabdominal infection	4	10	Equal
eomyelitis	42	84	Equal
umonia, community-acquired	3–5	7-10	Equal
umonia, nosocomial (including ventilator-associated)	8⋝	10–15	Equal
lonephritis	5-7	10–14	Equal





Conclusions

Use ASHIPS to see how the EDC is tracking resistance

Use Carepoint to see how the PVC is tracking antimicrobial use

Work with your pharmacy

Work with your micro lab to implement rapid diagnostics

Identify the highly utilized/high risk medications and choose an intervention

Get baseline data and repeat after the intervention





Clinical Infectious Diseases

IDSA GUIDELINE







Implementing an Antibiotic Stewardship Program: Guidelines by the Infectious Diseases Society of America and the Society for Healthcare Epidemiology of America

Tamar F. Barlam,^{1,a} Sara E. Cosgrove,^{2,a} Lilian M. Abbo,³ Conan MacDougall,⁴ Audrey N. Schuetz,⁵ Edward J. Septimus,⁶ Arjun Srinivasan,⁷ Timothy H. Dellit,⁸ Yngve T. Falck-Ytter,⁹ Neil O. Fishman,¹⁰ Cindy W. Hamilton,¹¹ Timothy C. Jenkins,¹² Pamela A. Lipsett,¹³ Preeti N. Malani,¹⁴ Larissa S. May,¹⁵ Gregory J. Moran,¹⁶ Melinda M. Neuhauser,¹⁷ Jason G. Newland,¹⁸ Christopher A. Ohl,¹⁹ Matthew H. Samore,²⁰ Susan K. Seo,²¹ and Kavita K. Trivedi²²





IDSA Guideline Recs

Preauthorization and/or prospective audit and feedback

Do not rely solely on didactic educational materials

 Passive educational activities (lectures, pamphlets) should be used to complement other stewardship activities

Develop facility specific guidelines

Interventions should target specific clinical syndromes or antibiotics at high risk for CDI

Use antibiotic time outs or stop orders

Comparison of Preauthorization and Prospective Audit and

Feedback Strategies for Antibiotic Stewardship

Advantages

Preauthorization

- Reduces initiation of unnecessary/ inappropriate antibiotics
- Optimizes empiric choices and influences downstream use
- Prompts review of clinical data/ prior cultures at the time of initiation of therapy
- Decreases antibiotic costs, including those due to high-cost agents
- Provides mechanism for rapid response to antibiotic shortages
- Direct control over antibiotic use

Prospective Audit and Feedback

- Can increase visibility of antimicrobial stewardship program and build collegial relationships
- More clinical data available for recommendations, enhancing uptake by prescribers
- Greater flexibility in timing of recommendations
- Can be done on less than daily basis if resources are limited
- Provides educational benefit to clinicians
- Prescriber autonomy maintained
- Can address de-escalation of antibiotics and duration of therapy

Disadvantages

- Impacts use of restricted agents only
- Addresses empiric use to a much greater degree than downstream use
- Loss of prescriber autonomy
- May delay therapy
- Effectiveness depends on skill of approver
- Real-time resource intensive
- Potential for manipulation of system (eg, presenting request in a biased manner to gain approval)
- May simply shift to other antibiotic agents and select for different antibiotic-resistance patterns

- Compliance voluntary
- Typically labor-intensive
- Success depends on delivery method of feedback to prescribers
- Prescribers may be reluctant to change therapy if patient is doing well
- Identification of interventions may require information technology support and/or purchase of computerized surveillance systems
- May take longer to achieve reductions in targeted antibiotic use





IDSA Guideline Recs

Incorporate computerized decision support at the time of prescribing

Do not use antibiotic cycling as a stewardship strategy

Use PK monitoring for aminoglycosides and vancomycin

Consider dosing/administration strategies for optimized PK/PD

Transition IV to oral dosing

Consider evaluation to confirm/deny reported PCN allergy

Implement CPGs to reduce abx duration to shortest effective





IDSA Guideline Recs

Stratified antibiograms (by demographics) can be helpful

Labs should use selective antibiotic susc testing reports

Labs should incorporate rapid viral testing on respiratory specimens and rapid diagnostics on blood cultures

In adults in the ICU, serial PCT can decrease abx use

In pts with hem malignancy at risk for IFD, use nonculture based fungal markers

Monitor abx use by DOT rather than DDD

Monitor cost based on prescriptions rather than purchasing data





Resources



DOCTORS

LOCATIONS

SERVICES

PATIENTS AND VISITORS

 \supset

CLINICAL MICROBIOLOGY

Home / For Providers / Antimicrobial Stewardship Program / Clinical Microbiology

Rapid Blood Culture Panel

- Rapid Blood Culture ID Panel Interpretation
- Rapid Blood Culture ID Panel Common Errors

Gastrointestinal Pathogen Panel

Gastrointestinal Pathogen Panel Interpretation

Meningitis/Encephalitis Panel

Meningitis/Encephalitis Panel Interpretation

Respiratory Pathogens

Microbiology comment for respiratory cultures

Antimicrobial Stewardship Program
Antimicrobial Stewardship Program
ASP News
ASP App
Ambulatory Antimicrobial Stewardship
Antibiograms
Antimicrobial Guidebook
Biocontainment Resources
Clinical Microbiology
Clinical Pathways and Guidance
Contact Information
Dosing Protocols
Educational Opportunities









Antimicrobial Stewardship

User Guide

The toolkit is composed of three sections:

- Hospital and Health System Resources includes a readiness assessment tool, the starting point in developing or
 enhancing a successful Antimicrobial Stewardship Program (ASP). The tool, a checklist developed by the CDC, should be
 shared with senior management, a senior leader for quality, purchasing directors, clinic managers, nurse managers, key
 physician leaders, risk managers, pharmacy leaders, infection preventionists and hospital epidemiologists, laboratory staff
 and information technology staff. For ease of use, it is divided into two sections, one for those just beginning a program, the
 other for those who wish to enhance an existing program.
- Clinician Resources includes webinars, clinical evidence supporting appropriate use of antibiotics, implementation guides and related articles.
- Patient Resources includes frequently asked questions, pamphlets and handouts on how patients can best engage in their care and resources on appropriate use of antibiotics.

The CDC Assessment Tool

This checklist will assist hospitals in assessing key elements needed for creating a program that ensures optimal antibiotic prescribing and appropriate use. The key elements of a successful ASP include leadership commitment, accountability, drug expertise, action, tracking, reporting and education. To access the checklist, click here »

Hospital and Health System Resources

GETTING STARTED

CDC Core Elements of Hospital Antibiotic Stewardship Programs

This document summarizes core elements of successful hospital ASPs. It complements existing guidelines on ASPs from organizations including the IDSA in conjunction with SHEA, ASHP and The Joint Commission. Experience demonstrates that antibiotic stewardship programs can be implemented effectively in a wide variety of hospitals and health systems and that success is dependent on defined leadership and a coordinated multidisciplinary approach. To download, click here »

Antibiotic Rx in Hospitals: Proceed with Caution

This fact sheet from CDC illustrates how antibiotics save lives, but poor prescribing practices put patients at unnecessary risk for preventable allergic reactions, super-resistant infections and deadly diarrhea. Errors in prescribing decisions also contribute to antibiotic resistance, making these drugs less likely to work in the future. To download, click here »

Guidelines for Developing an Institutional Program to Enhance Antimicrobial Stewardship

A joint SHEA/IDSA task force presents guidelines for developing institutional programs to enhance antimicrobial stewardship, an activity that includes appropriate selection, dosing, route, and duration of antimicrobial therapy. These guidelines, published in Clinical Infectious Diseases focus on the development of effective hospital-based stewardship programs and do not include specific outpatient recommendations. To download. click here »

Policy Statement on Antimicrobial Stewardship by SHEA, IDSA, and PIDS



Download the Antimicrobial Stewardship Toolkit

Related Webinar

Antimicrobial Stewardship: The Hospital Opportunity

The Hospital's Role

The misuse or overuse of antibiotics remains a global public health concern, contributing to antibiotic resistance and increased patient morbidity and mortality. Hospital antimicrobial stewardship programs have proven effective in improving appropriate antibiotic use, reducing adverse events and enhancing quality of care by ensuring the appropriate selection, dose, route and duration of antimicrobial therapy. The American

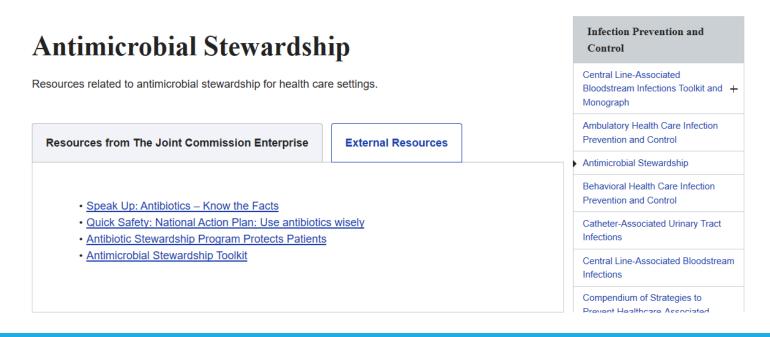




Resources



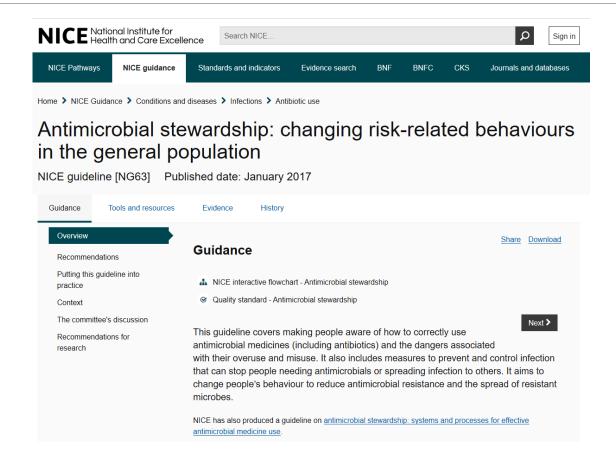
Home > Resources > Patient Safety Topics > Infection Prevention and Control > Antimicrobial Stewardship







Resources





ASP Haiku



Sick? Get Cultures First! Two Days? Narrow Coverage Don't Treat Viruses







Attendance Code

To obtain CPE credit for this activity, you are required to actively participate in this session. You will need this attendance code in order to access the evaluation and CPE form for this activity. Your CPE must be filed by **18 November 2020** in order to receive credit.